



Presidents Report 2009

Welcome to the 2009 report of ACHPER, Northern Territory Branch. Since the last report tabled in November 2008, a wide range of activities have been conducted by the Branch.

Health and Physical Education Week

ACHPER DET Come and Try Days 2009

To acknowledge Health and Physical Education Week and Water Safety Week, ACHPER NT and Health Promoting Schools NT (HPSNT) hosted their annual *Come and Try* event at Lake Alexander on 23 and 24 September 2009. This event attracted 290 students from schools in the Darwin, Arnhem, Rivers, PARCS and rural clusters.

Students participated in a range of water and land based activities not typically offered in schools such as Canoeing, Rock climbing, Sepaktakraw, Ultimate Frisbee, Traditional Indigenous games, Rugby League, Golf, Mini Moves, Surf Lifesaving and Orienteering. Through participation in activities, students gained understanding and skills in water safety awareness, team work, listening and the importance of being physically active and pursuing a healthy lifestyle.





Australian Council for Health, Physical Education and Recreation, NT Branch Inc.

Northern Territory Conference

ACHPER DET Health and Physical Education Conference NT 2009

ACHPER NT and Health Promoting Schools NT (HPSNT) hosted this conference which attracted 50 educators from the Primary, Middle Years and Secondary Levels of schooling in the Darwin, Arnhem, PARCS and rural clusters. All educators in the government, independent and Catholic education sectors were invited to attend the Conference held in Darwin on 18 and 19 June 2009.

The two day conference provided high quality professional learning in addition to networking opportunities within the fields of Health and Physical Education. The Conference program provided a range of sessions that catered for Early Childhood, Primary, Middle Years and Secondary, Health and Physical Education educators; as well as classroom teachers, principals, support staff, HPS Nurses and school counsellors.



Membership

ACHPER NT membership has grown in 2009 and the branch currently has 46 financial members.



Australian Council for Health, Physical Education and Recreation, NT Branch Inc.

Special State initiatives

Non- Government Centres Support Grant

In 2008 ACHPER NT Branch was a successful grant applicant for a program for students with disabilities in the area of *Healthy Living and caring for ourselves*. The project involved 42 staff at Namarluk Special School who used their pupil free day in January 2009 for professional development in the area of sexuality education and child protection. This program strengthened staff knowledge, skills, understanding and confidence to address outcomes and gave the school the opportunity to develop a whole school approach.

National Youth Week Grant

ACHPER NT Branch was provided a grant to host two *Youth Leadership Days* at Base Camp Wallaroo NT. The project involved 65 NT students in Year 8 from the Darwin, Rivers, PARCS and rural clusters. Students participated in teamwork and leadership activities in an outdoor education environment. Schools selected students who would benefit from leadership training including members of the student council, house captains and class captains. The program was a very active hands-on approach to leadership and teamwork education.

Acknowledgements

All of these activities could not have been achieved without the support of the ACHPER NT Board and I thank Tamie Needham (Vice President), Rebecca Johnson (Treasurer), Jenny Verrall (Secretary), Lorraine Hodgson, Jac Stirrat and Ben Schmidt (Board Members) for the outstanding work that they have done and the valuable time they have given to the Branch this year.

I hope that Branch membership continues to grow in 2010 and that ACHPER NT remains an active contributor to professional learning and community support in the fields of health, physical education and recreation.

Natalie McMaster
President
ACHPER NT Branch.