

Developing Daily

Primary Year 3

**NEW
SERIES!**

ACHPER believes it is time to re-ignite the concept of **daily physical education** in Australian primary schools. In response to the need for schools to continue to play a role in preventative health and to challenge students to move and learn on a daily basis, ACHPER has decided to release a number of curriculum support materials throughout 2011-2012.

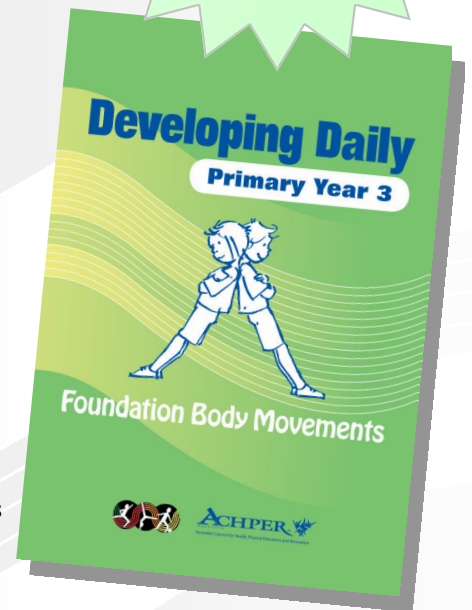
The **Developing Daily** support materials are designed to stimulate children to move and have fun on a daily basis while at the same time benefiting their health, learning, thinking and self-confidence. This resource outlines and promotes regular, moderate to vigorous physical activity as recommended by research and the Australian Government. Embedded in all of the lessons are carefully planned activities developed sequentially to improve the basic movement skills that research tells us are good for stimulating brain development and learning generally but also form the foundations for on-going skill learning for sports, recreational activities and dance.

Developing Daily is designed for Year 3, 4 and 5 students and is built around three key areas:
Foundation Body Movements (10 lessons), **Games Skills and Game Play** (20 lessons)
and **Music and Movement** (10 lessons)

FIRST IN THE SERIES FOUNDATION MOVEMENT SKILLS - Year 3 *(Year 4 and Year 5 will be released in the coming months)*

The **Foundation Movement Skills** units are the first in a comprehensive series of units to be released for primary schools. The activities are compatible with all State and Territory Syllabus and Curriculum Frameworks in HPE and provide opportunities to engage students in developing the general capabilities outlined in the Australian Curriculum. Learning areas covered in Year 3 include Locomotion, Statics, Rotation and Spring.

**Only
\$26.95**



ORDER FORM

Healthy Lifestyles Bookshop

214 Port Road, Hindmarsh South Australia 5007

Ph: (08) 8340 3388 • Fax: (08) 8340 3399 • Email: sales@healthylifestylesbookshop.com.au

Order online at www.healthylifestylesbookshop.com.au

ABN: 76 631 438 668

I wish to order copy/copies of **Developing Daily, Year 3** at **\$26.95 + P & H***

Contact Name: Organisation (If Applicable):

Delivery Address: Suburb:

State: Postcode: Contact Number:

This is a: Personal Order **or** Organisation Order Purchase Order No:

ACHPER Member? Yes No Membership No: Members Name:

Payment Method

Please Debit My: VISA Mastercard Card No: ____ / ____ / ____ / ____

Exp: ____ / ____ Cardholder Name: Signature:

or Please find enclosed a payment cheque/money order **or** Please send me a 30 day invoice

FBM11

*Postage: \$7.95 for first book and \$1.95 each additional book (max charge \$20.00). \$7.95 total P & H if in Adelaide metro area. Extra for overseas.

HEALTHY LIFESTYLES
bookshop